

Be Still and Know: Beholding God in the Psalms

Lesson 5: O Taste and See that the Lord is Good

Psalm 34

Main idea: God never fails those who fear Him.

I. God is worthy of _____ praise. (vv. 1-3)

II. God _____. (vv. 4-7)

III. God _____. (vv. 8-10)

IV. The pathway on which we experience God's protection and provision is the _____ of the Lord. (vv. 7, 9, 11-14)

“fear of the Lord”: a biblically informed reverence for and awe of God that is expressed love, trust and obedience.

V. God allows _____. (vv. 15-19)

VI. God _____ and _____. (vv. 15-22)

Time to “marinate”:

- 1) What truth stood out to you most from today’s lesson and why?
- 2) As we learned about the “fear of the Lord,” was there any area of your life that the Holy Spirit brought to mind? A behavior, an attitude, a motive, etc.? Something you need to start doing, or perhaps a sin that needs to be repented of?
- 3) God’s goodness is usually quite obvious, but sometimes the suffering we experience makes it very hard to see and feel. How can we “taste and see that the Lord is good” when we’re in a very hard season?
- 4) It’s testimony time! How have you experienced God’s nearness and provision when your heart was broken and your spirit crushed? In other words, how have you lived verse 18?

Through all the changing scenes of life,
In trouble and in joy,
The praises of my God shall still
My heart and tongue employ.

Oh, make but trial of His love,
Experience will decide
How blest they are, and only they,
Who in His truth confide.

Oh, magnify the Lord with me,
With me exalt His name;
When in distress to Him I called,
He to my rescue came.

Fear Him, ye saints, and you will then
Have nothing else to fear;
Make His service your delight,
Your wants shall be His care.

The hosts of God encamp around
The dwellings of the just;
Deliverance He affords to all
Who on His help do trust.

- Nicholas Brady and Nahum Tate (1739)