

Be Still and Know: Beholding God in the Psalms

Lesson 4: He is Our Help and Our Shield

Psalm 33

Main Idea: Hope in God!

I. God is worthy of _____ . (vv. 1-3)

II. God's _____ is perfect. (vv. 4, 5)

III. God possess all _____ . (vv. 6-9)

IV. God establishes unthwartable _____ . (vv. 10-12)

V. God _____ and knows every person. (vv. 13-15)

VI. God faithfully _____ and _____ for His own.
(vv. 18-20)

VII. Response: HOPE IN GOD! (vv. 16-18, 20-22)

God will gladly received from us only that which reveals our dependence and His all-sufficiency.

Time to “marinate”:

- 1) What truth stood out to you the most from today’s lesson and why?
- 2) What is the most tempting source of “false hope” for you? In other words, on what do you most naturally depend to get through the day, succeed in your plans, accomplish your goals, etc.?
- 3) What makes God a better object of hope?
- 4) How can we practically express hope in God? What does it look like?
- 5) What is the balance between using human methods versus trusting in God alone? In other words, how can we plan and prepare in a way that honors God as our object of faith and hope?
- 6) Over what aspect of your life right now are you most thankful that God is sovereign, that His plans cannot and will not fail?