

Week 6 – Cain and Able

(A Heart that Repels God’s Presence)

Genesis 4:1-16

The single-most significant factor in your ability to experience and enjoy God’s presence is the condition of your own _____.

I. An _____ heart repels God’s presence. (vv. 1-5)

a. There are 4 main differences between Cain and Abel’s offerings:

- i. 1st difference: Cain brought _____, Abel brought _____
- ii. 2nd difference: Cain brought “an offering”, Abel brought “the _____ and their _____ portions”
- iii. 3rd difference: God _____ Abel and his offering, but _____ Cain and his offering (see Hosea 6:6; Micah 6:7, 8; Ps. 51:16, 17; Prov. 15:8; Matt. 5:23, 24)
- iv. 4th difference: Abel’s offering was given by _____, Cain’s was not. (Hebrews 11:4, 6)

b. There’s a sense in which all true worship is a crisis of _____: *Do you believe God or not? Do you trust Him or not? Is He worthy or not? Are you going to fully surrender or hold back?*

II. An _____ heart repels God’s presence. (vv. 5b-8)

a. Before God issues a warning, He promises _____.

- b. If we aren't actively _____ sin it is actively _____ us! (1 Peter 5:8, 9)
- c. We don't overcome sin merely by getting rid of the desire; we overcome sin by _____ the desire. (Colossians 3:5-8, 12-15)

III. An _____ heart repels God's presence. (vv. 9-12)

- a. "Am I my brother's keeper?"
 - i. Leviticus 19:18
 - ii. Philippians 2:3, 4
 - iii. The "one another" passages (see attached)
- b. Why such a severe, direct curse on Cain?
 - i. He tampered with the sacredness of _____.
 - ii. Unlike Adam and Eve, there is NO evidence of _____.

IV. A _____ heart repels God's presence. (vv. 12-16)

- a. Where we might expect a confession, all we see is a _____!
- b. The most tragic consequence of sin is ALWAYS separation from _____.
- c. This whole scene really exposes the danger of pride and self-love, which is this: The more consumed we are with _____ the less convicted we'll be of our _____. The less convicted we are of our sin, the more comfortable we become with _____.

New Testament "One Another" Commands

- **Accept one another:** *Accept one another, then, just as Christ accepted you, in order to bring praise to God. (Rom. 15:7)*
- **Admonish one another:** *Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. (Col. 3:16)*
- **Bear one another's burdens:** *Carry each other's burdens, and in this way you will fulfill the law of Christ. (Gal. 6:2)*
- **Bear with one another:** *Be completely humble and gentle; be patient, bearing with one another in love. (Eph. 4:2)*
- **Build up one another:** *Let us therefore make every effort to do what leads to peace and to mutual edification (original = build up one another). (Rom. 14:19)*
- **Care for one another:** *"so that there should be no division in the body, but that its parts should have equal concern for each other. (1 Cor. 12:25)*
- **Comfort one another:** *Therefore encourage each other (original=comfort one another) with these words. (1 Thess. 4:18)*
- **Confess faults to one another:** *Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. (James 5:16)*
- **Be Devoted to one another:** *Be devoted to one another in brotherly love. (Rom. 12:10a)*
- **Encourage one another:** *Therefore encourage one another and build each other up, just as in fact you are doing. (1 Thess. 5:11)*
- **Fellowship with one another:** *But if we walk in the light, as He is in the light, we have fellowship with one another. (1 Jn. 1:7)*
- **Forgive one another:** *Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Eph. 4:32)*
- **Be Honest with one another:** *Do not lie to each other, since you have taken off your old self with its practices . . . (Col. 3:9)*
- **Honor one another:** *Honor one another above yourselves. (Rom. 12:10b)*
- **Be Hospitable to one another:** *Offer hospitality to one another without grumbling. (1 Pet. 4:9)*
- **Be Kind to one another:** *Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Eph. 4:32)*
- **Love one another:** *Let no debt remain outstanding, except the continuing debt to love one another . . . (Rom. 13:8)*
- **Members of one another:** *So in Christ we who are many form one body, and each member belongs to all the others. (Rom. 12:5)*
- **Pray for one another:** *Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. (James 5:16)*
- **Be of the Same Mind with one another:** *May the God who gives endurance and encouragement give you a spirit of unity among yourselves (original=same mind among each other) as you follow Christ Jesus . . . (Rom. 15:5)*
- **Serve one another:** *You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature ; rather, serve one another in love. (Gal. 5:13)*
- **Spur one another on:** *And let us consider how we may spur one another on toward love and good deeds. (Heb. 10:24)*
- **Submit to one another:** *Submit to one another out of reverence for Christ. (Eph. 5:21)*